
Section I: School Information

| | |
|---------------------------|------------------|
| School Name: | Saint Joe School |
| School LEA Number: | 6505015 |

School Year: 2023-2024

Section II: Needs Assessment

School Health Index Assessment

Hint

- Check box if completing the SHI Assessment online
 - Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.
-

If completing the SHI Assessment online, a reference number must be provided.

| | |
|--------------------------|------------|
| Reference Number: | Ozar293029 |
|--------------------------|------------|

Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.

There were a total of 18 elementary females screened and of those 68% were of a healthy weight and 32% were overweight or obese.

There were a total of 27 elementary males screened 60% were at a healthy weight and 40% were obese or overweight.

There were a total of 11 high school students screened and of those 56% were of a healthy weight and 44% were overweight or obese.

There were a total of 16 high school males screened and of those 64% were of a healthy weight and 36% were obese or overweight.

Due to physical activity and healthy nutrition options there will be a 3% increase of students registering in the healthy weight category by the end of 2023 school year as reported by the district annual BMI report

Additional Health Data (Optional)

Hint

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

These checkboxes are required.

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (**AR Code §6-20-709**).
- The LEA has implemented space in the facility to accommodate breastfeeding mothers (**AR Code §6-18-719**).

Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

The district will consistently follow state guidelines to provide healthy meals and snacks for all students. The district will implement a Food Service Management Company to offer healthier options. The obesity rate will decrease 3% for students at the St. Joe campus of OMSD. In the spring, the BMI data will be gathered and compared to the previous year.

Goal 1 Activities

| Activity | Person Responsible | Timeline |
|---|--------------------|------------------|
| Students will receive free meals | Denise Turney | August 2023-2024 |
| Students will receive healthy snacks and meals | Denise Turney | August 2023-2024 |
| Meals will be prepared according to state standards | Denise Turney | August 2023-2024 |
| Implement a food service management company to offer more healthy options | Denise Turney | August 2023-2024 |
| Students will be required to take one health class course before graduation | Brittney Poyner | August 2023-2024 |
| | | |

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

Goal 2 Measurable Objective

After a review of the current physical activity in the school, opportunities for student engagement before school, during school, and after school will increase overall by 3% by the end of the school year.

Goal 2 Activities

| Activity | Person Responsible | Timeline |
|--|--------------------|------------------|
| Brain breaks in grades k-6 | Tanya Hightower | August 2023-2024 |
| Students k-6 will have 40 minutes of recess daily | Miranda Gilmore | August 2023-2024 |
| The district will offer elementary basketball, baseball, and softball; little league | Jess Knapp | August 2023-2024 |
| | | |
| | | |

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Goal 3 Measurable Objective

Goal 3 Activities

| Activity | Person Responsible | Timeline |
|----------|--------------------|----------|
| | | |
| | | |
| | | |
| | | |

Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

| Session Title | Trainer/Organization | Session Duration |
|-------------------------|----------------------|------------------|
| Mental Health | Nicole Fairchild | 1 hour |
| Mental Health First Aid | Nicole Fairchild | 6 hours |
| | | |
| | | |

Reviewer Comments:

Topic 5: Inclusion of Built Environment Strategies

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

Hint

Increased opportunities include more physical activities, brain breaks, implementing Food Service Management to increase more healthy food options, free healthy meals and snacks for all elementary students.

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Job well done! No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, SW 1/23/24

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