Arkansas Indistar

Health and Wellness School Improvement Priority

Page 1 of 1

Section I: School Information

School Name:	Saint Joe School
School LEA Number:	6505015

School Year: 2023-2024

Section II: Needs Assessment

School Health Index Assessment

Hint

Check box if completing the SHI Assessment online

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

Reference	Ozar293029
Number:	

Reviewer Comments:

Body Mass Index (BMI)

Hint

Develop a brief narrative of student BMI trends based on the analysis of the data.

There were a total of 18 elementary females screened and of those 68% were of a healthy weight and 32% were overweight or obese.

There were a total of 27 elementary males screened 60% were at a healthy weight and 40% were obese or overweight.

There were a total of 11 high school students screened and of those 56% were of a healthy weight and 44% were overweight or obese.

There were a total of 16 high school males screened and of those 64% were of a healthy weight and 36% were obese or overweight.

Due to physical activity and healthy nutrition options there will be a 3% increase of students registering in the healthy weight category by the end of 2023 school year as reported by the district annual BMI report

Additional Health Data (Optional)	Additional	Health	Data ((Optional)
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Hint

Develop a brief narrative of other health and wellness data. (Optional)

Reviewer Comments:

Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

These checkboxes are required.

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (AR Code §6-20-709).
- The LEA has implemented space in the facility to accommodate breastfeeding mothers (AR Code §6-18-719).

<u>Topic</u> 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

Goal 1 Measurable Objective

The district will consistently follow state guidelines to provide healthy meals and snacks for all students. The district will implement a Food Service Management Company to offer healthier options. The obesity rate will decrease 3% for students at the St. Joe campus of OMSD. In the spring, the BMI data will be gathered and compared to the previous year.

Goal 1 Activities

Activity	Person Responsible	Timeline
Students will receive free meals	Denise Turney	August 2023-2024
Students will receive healthy snacks and meals	Denise Turney	August 2023-2024
Meals will be prepared according to state	Denise Turney	August 2023-2024
standards		
Implement a food service management company	Denise Turney	August 2023-2024
to offer more healthy options		
Students will be required to take one health class	Brittney Poyner	August 2023-2024
course before graduation		

Reviewer Comments:

Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

Goal 2 Measurable Objective

After a review of the current physical activity in the school, opportunities for student engagement before school, during school, and after school will increase overall by 3% by the end of the school year.

Goal 2 Activities

Activity	Person Responsible	Timeline
Brain breaks in grades k-6	Tanya Hightower	August 2023-2024
Students k-6 will have 40 minutes of recess daily	Miranda Gilmore	August 2023-2024
The district will offer elementary basketball, baseball, and softball; little league	Jess Knapp	August 2023-2024

Reviewer Comments:

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Goal 3 Measurable Objective

Goal 3 Activities

Activity	Person Responsible	Timeline

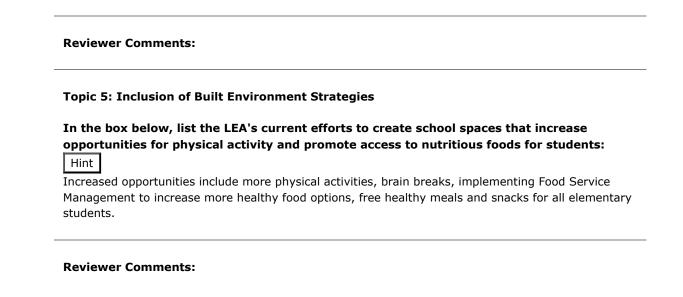
Reviewer Comments:

Topic 4: Inclusion of School-wide Health Related Professional Development

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Mental Health	Nicole Fairchild	1 hour
Mental Health First Aid	Nicole Fairchild	6 hours



Reviewer Response:

ADE Reviewed

Reviewer Comments:

Job well done! No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, SW 1/23/24

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